



BLACK BELT EXCELLENCE



Homework and Home Approval Sheet

This Month's Theme

TEAMWORK

"Where two or more people work together to achieve a common goal."

This Month's Activity

Make a thorough list of all the different teams you can think of. Then make a list of any and all teams that you are a part of. This would include much more than just sports teams. These are also groups that you are a part of and contribute to. For example: You are part of a karate team; more specifically, maybe you are part of a white or yellow belt team or a green belt sparring team. With just the example of karate, many teams can be thought of, so think of your life outside of but including karate and sports teams and list as many as you can. Now, complete the back page.

5 Requirements for the Excellence Stripe

- ✓ Responsible behaviour at home.
- ✓ Responsible behaviour and passing grades at school.
- ✓ Overall performance at Keswick Karate.
- ✓ Completion of this month's Excellence Activity.
- ✓ Returning the Excellence Homework and Home Approval Sheet on time.

Must be handed in by the Wednesday or Thursday of Week 2. These sheets are the students responsibility, not the parents.

Home Approval

This month my child has demonstrated both at home and at school, those qualities of responsibility required of students seeking to earn the Black Belt Excellence Stripe for TEAMWORK.

Student Name _____

Student Belt Rank _____

Date _____

Parent/Guardian Signature